



# Escola Básica e Secundária das Flores

ANO LETIVO 2025/2026

7.º ANO – TURMA B

|               | Segunda-feira |     | Terça-feira |     | Quarta-feira |         | Quinta-feira |        | Sexta-feira |         |    |
|---------------|---------------|-----|-------------|-----|--------------|---------|--------------|--------|-------------|---------|----|
| 09:00 – 9:45  | GEO           | S7  | MAT T2      | S18 | GEO          | S7      | EF           | PAV    | ING         | S7      |    |
|               |               |     | PORT T1     | S7  |              |         |              |        |             |         |    |
| 09:45 – 10:30 | GEO           | S7  | MAT T2      | S18 | CN           | S7      | EF           | PAV    | ING         | S7      |    |
|               |               |     | PORT T1     | S7  |              |         |              |        |             |         |    |
| 10:50 – 11:35 | MAT           | S18 | FRA         | S7  | MAT T1       | S18     | EMRC         | TO1    | MAT T2      | S18     |    |
|               | T2            |     |             |     |              | PORT T2 | S4           | DPS-EC | BIB         | PORT T1 | S7 |
|               | PORT          | S7  |             |     |              |         |              |        |             |         |    |
|               | T1            |     |             |     |              |         |              |        |             |         |    |
| 11:35 – 12:20 | MAT           | S18 | FRA         | S7  | MAT T1       | S18     | EED          | PAV    | MAT T1      | S18     |    |
|               | T2            |     |             |     |              | PORT T2 |              |        | S4          | PORT T2 | S7 |
|               | PORT          | S7  |             |     |              |         |              |        |             |         |    |
|               | T1            |     |             |     |              |         |              |        |             |         |    |
| 12:20 – 13:30 |               |     |             |     |              |         |              |        |             |         |    |
| 13:30 – 14:15 | CN            | S7  | CID         | S11 | EED          | PAV     | MAT T1       | S18    | HIST        | S7      |    |
|               |               |     |             |     |              |         | PORT T2      | S11    |             |         |    |
| 14:15 – 15:00 | CN            | S7  | ING         | S11 | EED          | PAV     | MAT T1       | S18    | HIST        | S7      |    |
|               |               |     |             |     |              |         | PORT T2      | S11    |             |         |    |
| 15:15 – 16:00 | FQ            | S7  | EED         | PAV | FQ           | S7      | TIC          | SINF   | EV          | EV      |    |
| 16:00 – 16:45 | FRA           | S7  | EF          | PAV | FQ           | S7      | EMU          | SEMU   | EV          | EV      |    |

Diretor de Turma: José Emanuel Sousa